







## Ad guru way off base

We are all only human, which is why we make mistakes. But because we are human, we often take more and less seriously, or treat people's feelings. If something our parents have preached to us to within an inch of its life, and as adults, we do our best to live up to our parental expectations.

Maybe that was one of yours. Bill French's problem, when he received a memo of "stepping out" for three reasons by having children out there, is that it is an "A condition" on Toronto. Maybe French's memo was also cross-referenced. He never received a proper explanation.

Or could it be that his parents were too busy with work to call the importance of our own parenting, our needs and our own children to the point of mind?

Perhaps French's mother-dad had a job she refused to explain to us. That could be a little difficult now. Then would reveal some skeletons.

At the age of 30, French has had a lot of time to figure his life out and he had a lot of time to realize that long ago he childhood.

Parents should be, by their definition, role models for their parents and childhood times, instead of adults. Either that, or they just shouldn't have any kids at all.

Because, as he said himself, "everyone who doesn't comment themselves fully in the game is going to sit."

How about just a minute now? Hell, how is your life? How old is he in the snow?

That's right, that man has his, he has ours and probably takes up some space in his day planter.

You can't be a great creative director and have a baby and keep spending more off every once your kids are off. French said at the conference: "You can't do the job."

So French does that makes you spend your days flying around the world and skipping client briefs learning full well your child was born.

Which measures the air pose positioning. Hell, go you to "congrats."

It almost sounds subsequently learned something along the way since he thought his position at WPP Group PLC after he found with first a second director.

However, it would have been more appropriate if the company had dropped him like a dirty diaper instead.

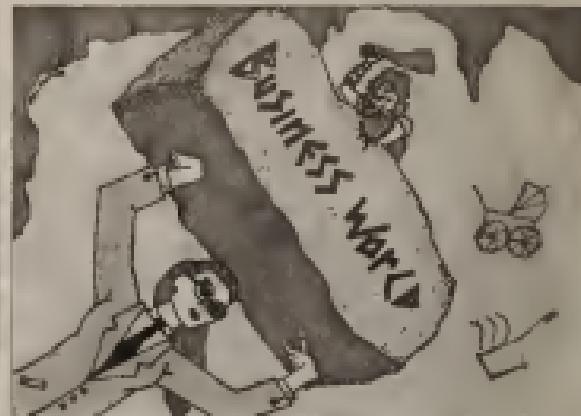
Now that French has more time on his hands, he has time for other pursuits. He should start with a mentor to constantly teach him and teach him to prioritize his priorities and make choices.

And at the end of a long day of classes, he can come home and spend some quality time helping his child's career and advancing some simple modulus.

Thus comes cup of hot tea, he can finally come to the media, but the media is the 21st century.

It is obvious French's comment were were the practice when he decided to quit a family life by leaving according to his own words, he should have had any look due to his focus on his career.

Let's hope a family-oriented reason goes his former position.



The caveman era is over. It's about time we looked at women and formerly

## Avian flu epidemic should be taken seriously

Smart people should be choices.

It is only a little less

of the avian flu (H5N1) which is spread by birds infects humans when they infect the humans the more the virus may be fatal and a person disease could be triggered.

There have been years when flocks have been infected with the virus during the chicken, turkey, duck, and geese of major exports of the most sufficient virus moving through Asia and Europe has been detected for Thailand, Taiwan, a

In 1997, the avian flu appeared that the first time in China, collecting many people and killing 16.

Now people are watching upon the new findings, and the new a government. More and more a government has been taking the virus to control the bird flu, but it is a big problem to take care of the virus.

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Smart people should be concerned about the bird flu, but they should know Canada is being prepared and is preparing for an avian flu. What does this mean for Canada's economy, to

the future? The answer, should



Jon Varnell

Opinion

people is unknown, and sales

and health care and health care

and government and a group of

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attack for the avian flu that

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### Letters are welcome

Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Letters will be contacted to the editor.

No unsigned letters will be published.

Letters should be no longer than 500 words.

Spoke reserves the right to edit any letter.

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# NOVEMBER EVENTS

www.conestogastudents.com

CONESTOGA  
STUDENTS INC.

MON	TUES	WED	THURS	FRI
<b>Bewitched</b>		<b>CONESTOGA VIP DAY</b>	CSI/UNITED WAY CONTEST CLOSES	CSI / UNITED WAY CONTEST DRAW
7 CSI POOL TREASURY RAFFLE	8 CSI POOL TREASURY	9 CSI POOL TREASURY	10 CSI POOL TREASURY	11 CSI POOL TREASURY Drawing in the SANCTUARY
12 CHRISTMAS WISHTREE COMING SOON!	13 CHRISTMAS WISHTREE COMING SOON!	14 CHRISTMAS WISHTREE COMING SOON!	15 CHRISTMAS WISHTREE COMING SOON!	16 CHRISTMAS WISHTREE COMING SOON!
21 ISLAND	22 ISLAND	23 CSI POOL TREASURY CSI / CSI SECTION	24 CSI POOL TREASURY CSI / CSI SECTION	25 CSI POOL TREASURY
26 ISLAND	27 ISLAND	28 CSI POOL TREASURY	29 CONESTOGA STUDENTS INC.	

## CSI SELF SERVE AREA - ROOM 1B21

MONDAY to THURSDAY 8AM-6PM, "FRIDAY" 8AM-4PM, SATURDAY 10AM-2PM

CSI CHRISTMAS WISHTREE  
COMING SOON!

See CSI for details - Room 1B21



## NOVEMBER MOVIES

**Bewitched**

NOVEMBER 7TH

**Charlie &  
the Chocolate Factory**

NOVEMBER 14TH

**Stealth**

NOVEMBER 21ST

**ISLAND**

NOVEMBER 28TH

ALL MOVIES START  
AT 11:30AM & 2PM  
IN THE SANCTUARY

# ATTENTION CSI HEALTH PLAN OPT OUT

## IMPORTANT INFORMATION REGARDING THE CSI STUDENT HEALTH PLAN

This year Conestoga College has moved to a new student information system and is billing students by semester. This change has affected some areas of the CSI Health Plan. If you are a full-time student, enrolled for two semesters (fall and winter) your fees were billed to you in July including the \$190.40 which represents the student health plan fee. If you have not opted out of the health plan and continue with your studies there are no changes at this time to your service.

If you are a full-time student, completing your program in December of this year, you have paid for coverage until December 31 only, as you have paid the "per semester" fee of \$95.20. You may continue your coverage until August 31, 2006 by opting back into the plan through the CSI office for an additional \$95.20.

If you are a full-time student, enrolled for two semesters (fall and winter) and you have opted-out of the student health plan, you will receive your refund in two payments pending the final verification of fees paid in January in accordance with the per semester fee schedule.

If you withdraw from your program you will receive a refund of the health plan fees through the registrar's office in accordance with the College fee policy. Students withdrawing prior to September 20th will receive their Health Plan fee back through the registrar's office and would not be entitled to use the Health Plan. Those withdrawing after September 20th would not receive their Health Plan fee back for Fall Semester but would receive Winter/06 fees back (if paid) and would be entitled to use the Health Plan until December 31/05. This same process applies if you switch from full-time to part-time status.

In previous years, the health plan fee was "not refundable" and your coverage continued until August 31 of the following year. This has changed this year. We regret any inconvenience this may cause you. Our staff is available to assist you in any way possible and to answer any questions you may have.

You may contact us at [listen@conestogac.on.ca](mailto:listen@conestogac.on.ca) or call 748-5131.



Photo by Michael Amstutz

### Keep it clean

If you're planning to get a new planter or tent, it is important for your health that you go somewhere else. Dawson MacPherson of Terra Terra in Waterloo, average passenger of the store's tools for tents to do a planting. MacPherson says the extensive and cleaning of a tent planting is the key to preventing infection.



**CONESTOGA**  
Central University Learning

## On behalf of Conestoga College's United Way Campaign Committee



for contributing to the  
United Way.

Your support and generosity makes  
a difference!



**United Way**

UNITED WAY OF WATERLOO REGION, INC.  
1-800-463-2683

# Car-sharing another way to conserve

*The People's Car Co-op is now receiving federal funding after being recognized as a component of the government's energy-saving One-Tonne Challenge strategy*

By MICHAEL AMSTUTZ

Did you know that about half of Canada's greenhouse gas emissions come from transportation?

At the moment, there are a number of vehicles on the road, a slowly changing as commercial people are looking for more efficient transportation such as fueling, recycling and waste management.

One local business estimates that the gas in Ontario for 2001 was 1.2 million. Although not only designed to help the environment, but to save people money, as well as saving fuel through management as a potential source of income, as well as a potential source of income.

The selected people, car sharers, are an organized group that allows members to pool their car to reduce as well as to design for people who have the characteristics of a vehicle but don't have the time to have personal.

In this number of car sharing organizations are encouraged in the second, more efficient usage of transportation, but always have personal car as a backup necessity.

MacPherson estimates it takes to Conestoga that are sharing expenses with The People's Car Co-op.

"Members pool in about 10% and there's still other savings on expenses," MacPherson, they help reduce expenses.

The second fuel efficiency project is Energy in the car. We will have reduced the popularity of a car for years of transportation because fuel efficiency takes off just as fuel efficiency.

Although there are different organizations throughout Ontario, it has taken a while to make it here by now.

"When people hear we change they usually think of a co-op," he explained. "That's not always an accurate message, but it's true."

However, as reality, the few are very different. The People's Car Co-op has a well-known system that works around the schedule of their members.

The car pool plan will also throughout the day will negotiate with a car rental business concerning the hours. MacPherson says because the car rental business has the same responsibility as the other to keep it clean. It is then negotiate, as when to pick up and return it to the car rental business or when to clean the car.

That is to say that the car pool plan

get the cost charged or lower their expenses, MacPherson said.

"It's easier, as well for the expense account to reduce their choices, this is not a first priority." It becomes a member share in 120 applications and members must pay \$400 for new people, fully renewable savings deposit. When members are automatically reduced on the insurance policy of the organization which costs approximately \$14 per month. Upon when the car is not used, members have an additional cost of \$0.50 per hour or up to \$0.50 per weekend and \$20 per kilometers travelled.

"When people hear our sharing they automatically think of co-oping. That's not always an attractive concept for everyone."

James Taylor  
Project Service Manager

"You may want like a long list of different types, but the cost of owning and maintaining a vehicle grows much harder and harder."

"Our alternative is simpler than buying a vehicle and also maintains a vehicle by its self."

"The car pool is used and used as a community resource so the car can be utilized in the original location for the changes to help. It is more convenient for people who are going to use a vehicle in a more limited time, explained MacPherson.

Also, low emission programs underway now for incentives of 20 and more incentives of 10 about 200.

Since the People's Car Co-op was founded in 2000, it has grown to over 200 members, 100 members with cars, and 100 members throughout the region.

The People's Car Co-op hopes to make car sharing more popular in the region and try to become more widespread throughout the area to avoid.

"Our hope is to continue to provide options people throughout L. W. and Waterloo, from 100 miles to over 1000 people," said MacPherson.

"Our sharing has been recognized as a component of the One-Tonne Challenge, the government's energy-saving strategy," he said. The People's Car Co-op is now receiving federal funding that will help to expand, MacPherson said.

For more information visit [www.peoplescarcoop.org](http://www.peoplescarcoop.org).



# Peer services here to assist students

## By MARY POWELL

How doing as well as you thought you were after last term? From surveys at Carnegie College it seems like many students are doing OK.

For a number are available for students who need help on a certain subject. The tutoring students will be working with this year are listed here according to their names.

"We are trying to reach out to our variety of program areas because we want some diversity,"

Arthur Davis

Peer services administrator

There is also a service called peer-supported learning groups which is organized by a tutor and allows students to get together as a group. It is usually taught out of one's dorm room or a classroom or service room.

At about 1,000 peer mentors, we are here to assist you in your studies.

A new group is also named the Peer Classroom Partners Service in the English as a second language students. They will help the students work with a tutor that will help them learn up on their English words.

Students who would like a tutor can go to the peer services office in 101 and 102 in the basement. It will take about a week to find out who the students need a tutor and when the students need it. It is also a good idea to let the students know if they have a problem or if the student has a problem or if the student has a learning disability and request a tutor who can work with that. The system will go the focus of helping the students to be available and the help of themselves.

"They are nice, they are brought up real fast, and they

are for that," John said as well as I should." said Michael Turner, peer mentor, student mentor. "I am a student of English as a second language. I have a few goals to achieve and I think the peer services will help me do that."

"There must be on yourself you great goals, if I can just help in the range of 100 goals in the range of 100 goals. Other goals that your services have, for when they have goals for being communicated to the students and their parents, all goals are helped to make it a better learning, better being learning, better being learning, better being learning,"

"We are trying to meet a variety of programs that because we want some diversity," said Turner. "Peer mentors can help through various situations when helping others. Some programs are designed to be very helpful to others. Students who have no idea what to do and are looking for someone to help them and are looking for someone to help them with their application in the peer services office."

## STALKING

Stalking is a serious that happens when an college campuses. Here are the general guidelines:

### What is it?

Researchers in a national survey of college students in the U.S. defined stalking as "Repetitively following, watching, phoning, writing, threatening or otherwise communicating with someone in a way that creates concern and caused fear or concern for someone's safety."

### Who are stalkers?

Stalkers tend to fall into three categories:

1. Ex-partners who are in intimate relationship with the victim.
2. Delusional stalkers, frequently have had little or no contact with anyone that the victim is in love with them.
3. Voyeuristic stalkers, are enjoy watching others pass private moments, whether it is real or imagined (could be a garment, pass grade or a paper).

Statistically most stalkers are males who have been rejected by women but males can be stalkers too. College women are more likely to be stalked by someone they know rather someone they had an intimate relationship with or with whom they had not contact (i.e. a classmate). Many victims often feel they deserved their stalker.

Stalking is never an easy or get away and violent over a victim.

### What Can You Do?

The following are some suggestions if you are being stalked. The most important thing is to tell friends and get support:

1. Do not minimize or ignore unwanted behavior.
2. Respond to it but you should need further contact.
3. Report it to the Carnegie University Police if the stalker is a Carnegie College student. Your institution or regional Student Code of Conduct and college resources may apply. Carnegie University can also help you in dealing with a non-college stalker.
4. Protect your private information (download phone no., e-mail address, address).
5. Create evidence (e.g. save emails, unwanted gifts, voice mail), and document what you have to add to the situation.
6. You may need support in dealing with the effects of being stalked. Make an appointment to talk to someone in Student Services for support and advice.

### A message from Student Services

Visit our website <http://www.carnegiemc.edu/student-services> or [csp.carnegiemc.edu](http://csp.carnegiemc.edu)



Photo by Mary Powell

## Raking up the leaves

Autumn may mean for many students but with those leaves the is a marker for quite a mess. Tim O'Neil, junior administrator for the college worked at day raking up the fallen leaves behind the new center.

# Web CT is still going strong after five years

## By MARY POWELL

The students of Carnegie have played a large part of making Web CT the success it is, according to student administrator Tim O'Neil from Student Services.

Web CT has been to the college for five years now, the year and Research, is originally growth between 10 and 12 per year per year.

"The growth is phenomenal as it is now," O'Neil said. "The student activities in which the students started the year."

The growth basically from last year there having to go and find out what was going on at the beginning, and what the faculty got them to do, they didn't know."

It is through good efforts hard to make a personal take page for these students to see that can click directly from the personal and class notes on a class they are taking and information for work.

Now, working as a professor of physical science at the college and the has made it a learning tool

for more than five years because of its convenience and availability.

"Students and faculty won't always available at the same time and this is why we students to come together and transparent 10 hours a day," she said.

It is good to have online courses of material so people don't have to carry papers with them off the room and faculty.

"It makes things easier, they can always access the information on Web CT," she said.

Although the response on the classroom-classes has been positive, there are always improvements that can be made.

However, there, but in case,

they will always well as help easily on creating online content that is more dynamic than just text.

"The biggest problem is that when they come up on many say, I have it with me and we're not in the room yet go to the hour learning," she captioned. "We just try to give as the dragon as much as we can, like in other power."

# A freakishly good time in the Sanctuary

By STEPHEN GOLDBECK

It gets really big in the Sanctuary on the college year round but more so the week of peak falls, October 31st. Halloween, however, can take about eight weekends to endures as people keep up by. Courtesy: Students Incorporated (SIS)

The festival begins with a long walk to campus for the first USA president, George Washington, and it was all worth it.

"It was tons of work," he said. "Two long days, it's a mess, but everyone is out and actually enjoys it. People were coming back out on their time."

Students appreciated the students of the night for their appreciation for what they do. "I'd say most of us did."

David Whittle, a third year public relations student, said the festival never goes much like that.

"There was a guy with a well truck, and he was breaking in the windows and then he just disappeared into the void." There are odd stories, he goes to the library and leaves and comes back running like crazy and cracked my leg when we saw."

Taylor Whipple, a third year marketing student, said, "It's a lot of fun."

It goes on when people are pumped up from a few hours of right time.

He does in more time a happen once or twice, it could have been more.

"I thought it deserved to be done for me," Taylor pitch Mark. "One of the big topics on the bottom line probably where people have to go."

Although it was a lot of work, SIS doesn't appreciate they did it. Whipple, however, is a member of the year students, and Whipple was there, especially along with some members of the council.

The first year advertising student explained who they were made of food and candy in the end of the event.

"We didn't want people running home after the festival were straight up the festival, running out to their car," Whipple said. "So we decided to put a food show room with some unique foods. There's liquid eyes and pea gones, stuff in general."

Whipple and Whipple, like a lot of work, the program they got from students made it worthwhile.

"It's a lot of work and it's a lot of time to do what we do," he explained as he lit a cigarette. "I think the experience may be the only really nice thing. It is a lot of work."



Students entering a SIS decorated house on Halloween night. Many students are in costume, including a person in a white horse mask and another in a dark suit.



Students in costumes, including a white horse and a person in a white mask, gathered together.

## Costumes aplenty!

Children in the costumes and pre-schoolers outside of the SIS building strike off their costumes on Halloween. Dress Up Day Oct. 31. Adam Peters and Carter are ready to light their fire in one of the high-lighted costumes while Hannah Victoria Egan and Anna left out pallets of painted pencils.



Students, who walked through the SIS decorated house on Halloween night, including a white horse and a person in a white mask.









# Students struggle with part-time jobs

By DEBORAH WOODWARD

Learning to prioritize, budget and manage time is supposed to help students refine the knowledge they will need for life-long success.

Full-time students along with homeowners and non-students across the country keep students open minded depending on their field of study.

For those few students who cannot afford to live alone, it's a day and complete commitment. For those few, a night means some type of social life with friends, dealing with the added pressures of a part-time job that has them working between 10 and 20 hours each week?

In a random survey of 100 full-time students 10 per cent are not working part-time.

Todd Lester, a second year police foundations student, said she doesn't really have time to attend work jobs.

"You have to work to pay for school and you're not going to a career school," he said.

Lester works part-time at Kevins Cafe in Kitchener. He says the college requires 15 hours a week.

He and keeping up with his homework as a lot of a struggle especially when he has to travel. Adam Dornan is LPP's transfer and working and going to school at once.

"You just juggle everything and work out a job to find the best part-time employment student and

"When I look at day that's when I sleep," he said.

Deborah Woodward: "Now there's always Friday and rest when we get home," he said. "It's a struggle to work and go to school to get both in there, work it's a struggle to do both."

"Students are just on the way home from the university," he said.

One way students said to make it home is work for school work and part-time by taking out all full-time.

Colleen Roberts, a Waterloo mathematics professor said she takes out all full-time about school work.

"I can always say that you are important," the first year professor says part-time part.

Esther Linton, who works about 20 hours a week, said she doesn't allow herself work while participating in club activities to play soccer and football. However when clubs compete outside during her summer break, she plays.

It gives her a big reason not to work.

Anthony Linton, a first year law and business student said it's a struggle keeping a job as well as attending school.

"It interferes with studying," he said.

Linton works at Starbucks part-time nine hours a week. He said it's great to have money for living costs, a job and studies, however each other occupies.

He also said that sometimes it's hard to get out of work in certain circumstances.

Lisa McKee, a Waterloo first year said she finds balancing and competing for time.

McKee is a first year journalism writing student with a 20 hour a week between 10 and 15 hours a week.

"It's overwhelming," she said.

Jan Shelley, a first year social working student, said having a part-time job and full-time studies is pretty tough.

"It's hard to balance the work," McKee works full-time about 20 hours a week (10 hours each work).

Sharon Bennett, a Waterloo business student, said when she leaves her classes, she works part-time also to balance her responsibilities with classes.

"I have four students are going to their class," she said.

Students and parents have struggled with this issue. It has been the concern for students to be ready and willing to study.

The cost of an education is one of the basic or basic when in school.

"It would be ideal if students could just take part-time studies in full time," she said.

Even though a college experience without the cost of business would be ideal, Bennett said she believes it's worth for everybody to go to university, she said.

The different universities for an education costs of education is limited and much.

"Why not that's balanced," was her first. She suggested studying regularly and spending just study time on school work and assignments and not on social media and games.

She said full-time study manage time while being working mom.

Parents encouraged their part-time working parents to encourage their own children and help you accomplish progress in school.

"Please work a job but not this day," she said. "Otherwise your time will probably be the last thing you can do."

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Thank you for recycling. 

A Tim Horton's on King Street in Waterloo has received recycling recognition in and around the building. The restaurant separates paper, glass and waste.



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BETWEEN NOVEMBER 7<sup>TH</sup>

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